



NATIONAL SERVICE SCHEME (NSS) CELL

Guru Gobind Singh Indraprastha University

(A State University established under Government of NCT of Delhi)

Sector 16-C, Dwarka, New Delhi – 110078

Ph. No.011-25302777, 778, Email Id: nsscell@ipu.ac.in



F. No. GGSIPU/NSSCELL/2026-27/1093^L

Dated: 30th October, 2026

NOTICE

Subject: To organise an Online Session on “Adopt Healthy Lifestyles” under Mission LiFE theme as a social initiative taken by the NSS Unit of USIC&T under the aegis of NSS Cell, GGSIPU and in collaboration with Mental Health and Well-Being Centre and Dhirah Society, Iskcon, Dwarka.

With reference to an email dated 29.10.2026 received from the Competent Authority of the University:

NSS Unit of USIC&T is organising an **online Session on “Adopt Healthy Lifestyles”** under the theme of Mission LiFE as a social initiative taken by the NSS Unit of USIC&T under the aegis of NSS Cell, GGSIPU and in collaboration with Mental Health and Well-Being Centre and Dhirah Society, Iskcon, Dwarka.

Activity Details

Date / Day & Time

01st November 2026 (Sunday) from 03:00 PM onwards

Speaker of the Event

Shri Kumar Shivam

M.Sc. Physics, IIT Roorkee, State Gold Medalist,
Indian National Physics Olympiad (2016) Research Intern at ISRO, Dehradun (2018–2020)
Master’s Fellowship with Gold Medal at IISc Bangalore Account Management Team Lead at Instantly.ai, a US-based IT firm

Registration Link: https://bit.ly/DYS_IPU

All faculty & Staff members / Students /NSS Volunteers & NCC Cadets of USS and Affiliated Colleges are cordially invited to attend the online session participate as per mentioned above schedule

Encl AA:

(Dr. Shiv Ram Meena)

PO, NSS Unit of USIC&T GGSIPU

(Prof. Varun Joshi)

Prog. Coordinator, NSS/NCC NSS Cell, GGSIPU

Copy to for information and necessary action please:

1. To Dean/Directors/APC/NSS Program Officers of USS & Affiliated Colleges, GGSIPU to attend and circulate it among all NSS volunteers/students.
2. AR to the Hon’ble Vice Chancellor for kind information of Hon’ble Vice Chancellor, GGSIP University
3. AR to the Registrar for kind information of Registrar, GGSIP University
4. PRO for kind information only
5. Head UITS, GGSIP University to upload the same on the University website.
6. Guard file



NSS UNIT OF USIC&T GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

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PRESENTS

Discover Your Self

ON THE OCCASION OF
BRICS SUSTAINABLE LIFESTYLE WEEK (BSLW) 2026

CELEBRATING MISSION LIFE

THEME: ADOPT HEALTHY LIFESTYLES

UNDER THE AEGIS OF

MENTAL HEALTH & WELLBEING CENTER, USS

IN COLLABORATION WITH
DHIRAH SOCIETY



SUNDAY,
1 NOV, 2026



3 PM
ONWARDS



ONLINE
(Link Will Be Shared)

REGISTER HERE



FOR QUERIES:
Rohit Rawat
9485719467